**MACA OATMEAL MUFFINS**

[belleenrouge.wordpress.com]



**INGREDIENTS**

¼ cup maca powder

1 cup oats

1 cup coconut flakes unsweetened

2 tbs butter

2 tbs cinnamon

3 tbs honey

**INSTRUCTIONS**

1. Pre-heat oven to 350° F
2. Mix all ingredients in a bowl
3. Make small balls with hands or spoon
4. Bake in oven for 30 minutes
5. ENJOY!